



KOS Youth Camp
(Ages 8 – 11)

Monday, August 16, 2010 to
Friday, August 20, 2010
8:00 am - noon
Strathcona Park in Kelowna, BC.

Or

KOS Teen Camp
(Ages 12 – 15)

Sunday, August 15, 2010 to
Thursday, August 19, 2010
8:00 am - noon
Strathcona Park in Kelowna, BC.

Swim, Bike, Run and have Fun!

Registration & Event Information

Camp Includes: A complimentary entry into the Saturday triathlon race is included and you will be automatically registered for the race. (see www.appletriathlon.com for details).

Please register online at:

www.appletriathlon.com

You may also register by mail to:
Kelowna Apple Triathlon Society
410-1708 Dolphin Ave.,
Kelowna, BC V1Y 9S4

Phone or fax entries will not be accepted.

Camp Capacity: Youth Camp – 30 Entrants; Teen Camp – 15 Entrants

Registrations should be confirmed by checking the list of Entrants on our Web Site. Allow several weeks for manual posting of mail-in registrations.

Deadline: Registrations for the camp must be received before Sunday, **August 8, 2010 at 5:00pm PST** or ends when each camp reaches its capacity, whichever comes first.

Non-transferrable & non-refundable: Entries are non-transferrable and non-refundable.

Method of Payment: Online registrations by VISA or MASTERCARD only. Mail in registrations: payment is by cheques or money orders only.

Camp Location: Strathcona Park on Okanagan Lake behind the Kelowna General Hospital near downtown.

Please Bring: sun block, 2 towels, a swimsuit, extra pairs of socks, running shoes, running shorts, long & short sleeve running shirts, bicycle, snack and water/juice bottle, long pants, a hat and swim goggles.

Bike Inspection: Bikes **must be inspected** for safety reasons prior to camp at Fresh Air Experience. They will provide this service on the Friday and Saturday before the camp without charge.

Race Pack Pick Up: Thursday, 4p.m. - 8p.m.; and Friday, noon – 8p.m. during camp week at Rotary Arts Center.

Mandatory Pre-Race Meeting: Friday, August 20 (parents may attend). For time and location see www.appletriathlon.com - Schedule of Events (to be updated closer to the event date).

Entry Form

Last Name: _____

First Name: _____ (M / F please circle)

Date of Birth (d/m/y): _____

Address: _____

City: _____ Prov or State: _____

Country _____ Postal Code/Zip Code: _____

Phone: (Work) _____ (Home) _____ (Cell) _____

Email address: _____

Circle age category* 8/9 10/11 12/13 14/15 (*Age as of Dec 31, 2010)

Event (check) Youth Camp 8-11 _____ Teen Camp 12-16 _____

Athlete Facts: How many triathlons have you entered? _____ Do you swim competitively? _____

If yes, please give details _____

Other sports interests or accomplishments? _____

Medical Questionnaire

Medical information is necessary to ensure proper care in the event of an accident or illness during the event. If there is a change in your medical information at race day, you are required to advise the medical director.

Emergency Contact Person info during the week of camp:

Name of contact person: _____

Residence phone number: _____

Cell phone number: _____

Address: _____

Do you have medical coverage? Y N
 If yes please specify the name of the provider _____ and medical # _____

Do you have any current or recurrent medical problems for which you are being treated? Y N
 If yes please specify: _____

Do you have asthma? Y N If yes, are you taking medication? Y N
 If yes please specify: _____

Do you have anaphylactic allergies? Y N If yes, are you taking medication? Y N
 If yes please specify: _____

Are you on any medications? Y N
 If yes please specify: _____

Are you allergic to any medications? Y N
 If yes please specify: _____

Are you hypersensitive to insect stings? Y N

Do you want the medical personnel to be aware of any specific medical problem? Y N
 If yes please specify: _____

Entry Fees

Youth Camp (Includes Race)	<u>\$ 275.00</u>
Teen Camp (Includes Race)	<u>\$ 300.00</u>
Temp Tri BC membership Fee Add \$1*** or insert Tri Association number	\$ or # _____
Manual Entry/Mail in add \$5	\$ _____
TOTAL	\$ _____

*** BC Tri & Alberta Tri members who show a valid membership card at the Camp and at Race Pack Pick-up are exempt, otherwise a temporary membership fee of \$1 must be paid – no exceptions!

Note for families of 2 or more, please contact us to discuss our family plan.

International Entries: Please make payment in Canadian Funds.

- Entries will not be accepted after 5:00pm PST, Sunday, August 8, 2010.
- Postdated cheques will not be accepted.
- N.S.F. cheques constitute automatic cancellation.

WAIVERS: must be signed at camp and again at race packet pick up by all participants. Parent/Guardian must sign Youth Waiver!