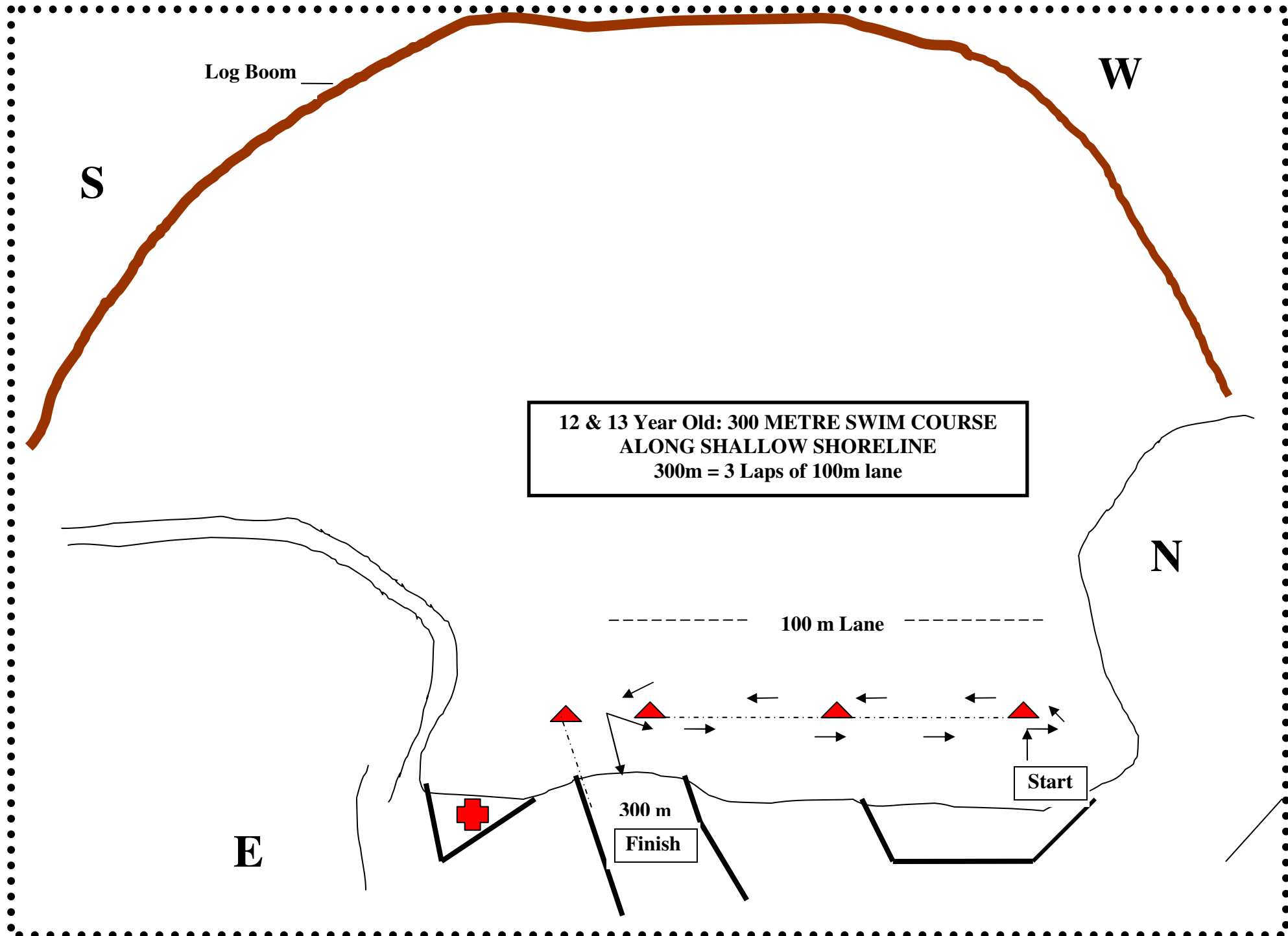


AGE GROUP 12-13 YEAR OLD: 300 METRE SWIM COURSE



Log Boom

S

W

12 & 13 Year Old: 300 METRE SWIM COURSE
ALONG SHALLOW SHORELINE
300m = 3 Laps of 100m lane

N

100 m Lane

Start

300 m
Finish

E